



**the
new leaf**

coaching and kinesiology est. 1997

How to make a vision board that works

lesson one handout

VISION BOARD WORKSHOP

Transform Your Vision Board into a Powerful Tool for Success!

If you want to create a vision board that works, here are the essentials for success.

Reasons Vision Boards Fail:

1. They lack emotional resonance.
2. There are too many images.
3. They are easily forgettable.

How to Make a Vision Board Effective:

1. Make it emotionally uplifting.
2. Ensure it is visually appealing.
3. Make it memorable, put it where you can see it.

Focus on What You Desire:

You want to feel good in every aspect of your life.

Seek an abundance of energy and happiness in all that you do.

Turn your dreams into reality!

Empowered Vision Board Workshop

Your guide to the perfect vision board

It all began in 2013, marking the start of an exciting journey!

[JOIN THE EXPERIENCE!](#)

"The Vision Board Workshop was the ideal way to engage in the year ahead. It enabled us to reflect and evaluate on what has been and focus on what we would like to create for our future." - K.J.